



South Dakota National Guard



Enjoy a free weekend of fun and education!

Strong Bonds



2009 Singles Workshop - PICK
July 11-12, 2009 in Sioux Falls
(Saturday noon until Sunday noon)

2009 Strong Bonds Couple's Workshop - Laugh Your
Way to a Better Marriage
September 4-5, 2009 in Sioux Falls
(Friday Evening and Saturday)

Through exploring a variety of subjects including the myth of a "soul mate," the different ways men and women think, the conflicting levels of libido, and the necessity to forgive, Gungor proves that the key to marital bliss is not romance or destiny - it's work and skill. The program is based on the book Laugh Your Way to a Better Marriage by Mark Gungor.

The Premarital Interpersonal Choices and Knowledge (**PICK**) Program is for young singles and it uses the book How to Avoid Marrying a Jerk by Dr. John Van Epp.. It is a fun approach to finding the right mate.

For more information or to register, please log onto <https://sdguard.ngb.army.mil> and go to the Family Readiness link, click on training/workshops. Questions - contact MSG Leah Braun at leah.j.braun@us.army.mil or call 605.381.7820

Registration deadline and room reservation deadlines are 1 month prior to the workshop date